

**ASSOCIATION OF
RATIONAL EMOTIVE
BEHAVIOURAL
THERAPY**

Registered in England
Company No: 04441094



REBT/CBT SUPERVISORS LIST

Introduction

The Association for Rational Emotive Behaviour Therapy (AREBT) now has an accreditation system specifically for REBT supervisors and REBT trainers.

However, to enable REBT supervision coverage in the UK at this time, AREBT includes on the supervisor list below, practitioners with a variety of relevant qualifications and experience.

**All the following REBT/CBT Supervisors
have achieved one or more of Criteria 1 to 5.**

1. Achieved AREBT Accredited Supervisor status.
2. Albert Ellis Supervisors training certificate (attained from AEI, New York).
3. Recognised (UK) Primary, Advanced or Diploma Qualification in Supervision. Having attained such a qualification REBTers can be **Associate** Members of AEI. However, additional training is needed to become an AEI Certified REBT Supervisor as in 1 above.
4. In addition many practicing supervisors also seek **Accreditation** as Supervisors from Associations such as BACP (needs to be CBT based for our register) and BABCP
5. Are recognised as having extensive experience of **Training & Supervision** of students within REBT and CBT fields

In addition some have also evidenced criteria **6 & 7**

6. Are recognised '**Course Designers/Practitioners**' of REBT Training courses for students up to MSc level and/or offer CPD courses to REBT Therapists.
7. Are recognised **Authors** of REBT e.g. Articles; Books; Journals; Student Training Manuals.

All Supervisors of AREBT must also engage in regular supervision, carry professional indemnity and public liability insurance and agree to abide by the AREBT code of ethics & practice

Visit our website <http://www.arebt.org> to read these codes

SUPERVISORS (in Alphabetical order)

Name: **RAMEEZ ALI**

**AEI CERTIFICATED REBT SUPERVISOR
AREBT ACCREDITED THERAPIST**

Supervisor Qualifications: AEI SUPERVISOR 2009.

Details of Supervisory Practice REBT and CBT for qualified therapists and students

Contact Tel No: 07973800909

Contact Email - rameez.ali@gmail.com

Times/Days of Supervision Contact - availability: Monday – Saturday (London)

Name: **JOHN BLACKBURN**

AREBT ACCREDITED THERAPIST

Supervisor Qualifications: Offers Supervision to students/individual therapists from MSc in REBT at Goldsmiths; MSc in CBT at Derby University and Group supervision of trainees from CBT post-graduate courses at Sheffield Hallam University.

Details of Supervisory Practice: Currently offers both individual & group supervision for trainees & Individual therapists practicing REBT/CBT

Contact Tel No: 01142718699 **Best time to call** Daytime

Times of supervision Contact availability Daytime

Name: **AUDREY DUDMAN**

BACP ACCREDITED THERAPIST

Supervisor Qualifications: Diploma in Supervision

Details of Supervisory Practice: CBT/REBT for qualified therapists & students

Contact Tel No: 07956 478636 **Best times to call** Daytime

Times of supervision Contact availability Varied

Name: **WINDY DRYDEN**

AEI CERTIFIED SUPERVISOR;

AREBT SENIOR ACCREDITED THERAPIST

BABCP ACCREDITED THERAPIST

REBT TRAINER/COURSE DIRECTOR MsC REBT

Supervisor Qualifications: Supervisor AEI

Details of Supervisory Practice: REBT individual/group

Contact Tel No: 020 7486 3034 **mobile** 07971 214196

Times/Days of Supervision Contact - By negotiation.

Name: **NOREEN EMMANS**

AREBT ACCREDITED THERAPIST

Supervisor Qualifications: MSc REBT

Details of Supervisory practice: Offers REBT supervision for students

Contact Tel No: 07976 546382

Times/Days of Supervision Contact - availability: Morning - afternoons

Name: **GLADEANA McMAHON**

BACP, BABCP, & AREBT ACCREDITED THERAPIST

Supervisor Qualifications: BACP Accredited Supervisor.

Details of Supervisory Practice: CBT/REBT/MULTIMODAL

Contact Tel No: 020 8852 4854

Times/Days of Supervision Contact - Varied.

Name: **MICHAEL NEENAN**

AREBT SENIOR ACCREDITED & BABCP ACCREDITED THERAPIST

REBT TRAINER

Supervisor Qualifications: Extensive experience in offering Supervision to students/individual therapists from MSc in REBT at Goldsmiths

Details of supervisory Practice: CBT/REBT students and practicing Therapists.

Contact Tel No: 01245 468262

Best time to call - evenings.

Name: **PROF STEPHEN PALMER**

AREBT ACCREDITED SUPERVISOR
AEI CERTIFIED SUPERVISOR
AREBT ACCREDITED TRAINER
AREBT & BABCP ACCREDITED THERAPIST

Supervisor Qualifications: AEI Certified Supervisors Course (1995)

Details of Supervisory Practice REBT and CBT for qualified therapists and students

Contact Email: dr.palmer@btinternet.com

Times/Days of Supervision Contact - availability: Daytime Mon-Fri (Kent)

Name: **MEIR STOLEAR**

BABCP ACCREDITED THERAPIST
AREBT ACCREDITED THERAPIST

Supervisor Qualifications: PgC in clinical supervision from University of Derby (2006)

Details of Supervisory Practice REBT and CBT for qualified therapists and students

Contact Tel No: 07900 258207, 01438 364638

Times/Days of Supervision Contact - availability: Mondays all day (London) Friday all day (Stevenage, Herts.)

KENT Areas: serviced: **Sevenoaks, Tonbridge, Tunbridge Wells**

Name: **EDELWEISS COLLINGS MsC AREBT**

Also use CBT, Multimodal

Therapy

Tel: 07880715448

Best time to call: anytime

Client spaces available: Mornings/afternoon

Client Groups:

Adolescents 13-17

Adults 18 - 60

Older Adults 60+

Family Groups

Couples

Group therapy

Home visits to clients available in Sevenoaks, Tonbridge, Tunbridge Wells and reduced cost therapy available to students attending a counselling, psychotherapy training course

Treatment Areas:

Anger Issues

Eating Disorders

phobias:

Depression

Relationships

Anxiety/Panic

OCD

Sexual abuse

Bipolar disorder

Post Traumatic Stress Disorder

Fees: reduced fees available